



Health Plan

FITNESS REIMBURSEMENT FORM

Southcoast Health Plan

Group Number: 001SHP

WHAT TYPES OF HEALTH CLUBS QUALIFY UNDER THIS BENEFIT?

- A qualified, full-service health and fitness club with cardiovascular and strength-training equipment and facilities for exercising and improving physical fitness.
- Examples of facilities/programs that DO NOT qualify for reimbursement include: Martial arts centers, gymnastic facilities, classes, country clubs, fees for personal trainers, tennis, aerobic or pool-only facilities, as well as sports teams and leagues.

WHEN TO SUBMIT THIS FORM:

- After you have been a member of a health club and covered under the Southcoast Health Plan for at least four consecutive months.
- As expenses are incurred or by March 31st of the following year, with proof of payment and health club information (copy of health club membership agreement).
- Once all sections have been completely filled out and signed by the employee, please mail completed form with all necessary documentation (copies of receipts and health club membership agreement) to:

Health Plans, Inc., PO Box 5199, Westborough, MA 01581

** Please note: Maximum amount reimbursable is \$150 per family per calendar year.*

To Be Completed by Employee

| | | | | | |
|---------------------------|-------------------|-----------|-------------------------|----------------------|----------------------|
| <i>Employee Last Name</i> | <i>First Name</i> | <i>MI</i> | <i>SCHP Member ID #</i> | <i>Date of Birth</i> | |
| <i>Mailing Address</i> | <i>City</i> | <i>ST</i> | <i>ZIP Code</i> | <i>Home Phone</i> | <i>Email Address</i> |

Member/Dependent Information

Reimbursement is requested for the following participant (*please check*): ☐ **Employee** ☐ **Spouse** ☐ **Child**

If reimbursement is requested for a participant other than the employee, please provide the dependent information below:

| | | | | | |
|------------------|-------------------|-----------|---------------|----------------------|---------------------|
| <i>Last Name</i> | <i>First Name</i> | <i>MI</i> | <i>Gender</i> | <i>Date of Birth</i> | <i>Relationship</i> |
|------------------|-------------------|-----------|---------------|----------------------|---------------------|

Health Club Information

List the health club that you are claiming for reimbursement, and the qualifying four consecutive months of membership.

| <i>DATES ATTENDED: From: MM/DD/YYYY To: MM/DD/YYYY</i> | <i>FITNESS CLUB NAME</i> | <i>ADDRESS, CITY & STATE</i> | <i>PHONE NUMBER (including Area Code)</i> | <i>\$ AMOUNT CLAIMED</i> |
|--|--------------------------|----------------------------------|---|--------------------------|
| — | | | | |
| — | | | | |
| — | | | | |
| — | | | | |

I certify that the information on the form and all supporting documents are complete, accurate and unaltered.

Signature: _____
Signature of Employee Date Signed

Submit the completed form, copy of your health club membership agreement, and receipts to:

Health Plans, Inc., P.O. Box 5199, Westborough, MA 01581