



The Summary of Benefits and Coverage (SBC) document will help you choose a health plan. The SBC shows you how you and the plan would share the cost for covered health care services. NOTE: Information about the cost of this plan (called the premium) will be provided separately.

This is **only a summary**. For more information about your coverage, or to get a copy of the complete terms of coverage, call 1-877-234-5550. For general definitions of common terms, such as allowed amount, balance billing, coinsurance, copayment, deductible, provider, or other underlined terms see the Glossary. You can view the Glossary at www.healthcare.gov/sbc-glossary or call 1-877-234-5550 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall <u>deductible</u> ?	Tier 1: \$0 Tier 2: \$1,500 person/\$2,500 employee+1 & family Tier 3: \$3,000 person/\$6,000 employee+1 & family	Tier 1: See Common Medical Events chart below for your costs for services this <u>plan</u> covers. Tiers 2 & 3: Generally, you must pay all costs from <u>providers</u> up to <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until total amount of <u>deductible</u> expenses paid by all family members meets overall family <u>deductible</u> .
Are there services covered before you meet your <u>deductible</u> ?	Tier 1: Not applicable—there is no <u>deductible</u> . Tiers 2 & 3: Yes. <u>Preventive services</u> , physician office visits and routine vision exams are some of services covered before you meet your <u>deductible</u> .	Tier 1: Not applicable. Tiers 2 & 3: This <u>plan</u> covers some items and services even if you haven't yet met <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other <u>deductibles</u> for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket limit</u> for this <u>plan</u> ?	Medical <u>out-of-pocket limits</u> : Tier 1: \$2,250 person/\$4,500 employee+1 & family Tier 2: \$3,400 person/\$6,800 employee+1 & family Tier 3: \$5,150 person/\$10,300 employee+1 & family <u>Prescription drug out-of-pocket limits</u> : \$2,000 person/\$4,000 employee+1 & family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit</u> ?	<u>Preauthorization</u> penalties, <u>premiums</u> , <u>balance-billing</u> charges and health care this <u>plan</u> doesn't cover.	Even though you pay these expenses, they don't count toward the <u>out-of-pocket limit</u> .
Will you pay less if you use a <u>network provider</u> ?	Yes. See www.southcoasthealthplan.org or call 1-877-234-5550 for a list of <u>network providers</u> .	You pay the least if you use a Tier 1 <u>provider</u> . You pay more if you use a Tier 2 or 3 <u>provider</u> . You will pay the most if you use an <u>out-of-network provider</u> (Tier 4) and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays (<u>balance-billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All copayment and coinsurance costs shown in this chart are after your deductible has been met, if a deductible applies.

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Southcoast Hospitals & Physicians Network [Tier 1]	Preferred Providers [Tier 2]	Non-Preferred Hospitals & Out-Of-Network Hospitals & Providers [Tier 3]	Steward Providers & Non-Covered Steward Facilities [Tier 4]	
		(You pay the least)	(You pay more)		(You pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	\$20 <u>copay</u> /visit	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply*	40% <u>coinsurance</u>	Physician charges: 40% <u>coinsurance</u> Related charges: Not covered	*\$30 <u>copay</u> /visit (<u>deductible</u> does not apply) for Pediatrician You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if services are <u>preventive</u> . Then check what your <u>plan</u> will pay.
	<u>Specialist</u> visit	\$30 <u>copay</u> /visit	\$50 <u>copay</u> /visit; <u>deductible</u> does not apply			
	<u>Preventive care</u> — Routine Physical Exam	No charge	\$35 <u>copay</u> /visit; \$25 <u>copay</u> /pediatric visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>		
	Mammogram	No charge	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	
	Colonoscopy	No charge	10% <u>coinsurance</u>	40% <u>coinsurance</u>		
	Immunization	No charge	No charge; <u>deductible</u> does not apply	40% <u>coinsurance</u>		
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	No charge	10% <u>coinsurance</u>	40% <u>coinsurance</u>	Not covered	<u>Preauthorization</u> required for Imaging or you pay \$250 more
	Imaging (CT/PET scans, MRIs)	No charge	10% <u>coinsurance</u>	40% <u>coinsurance</u>	Not covered	

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information	
		Southcoast Hospitals & Physicians Network [Tier 1]	Preferred Providers [Tier 2]	Non-Preferred Hospitals & Out-Of-Network Hospitals & Providers [Tier 3]	Steward Providers & Non-Covered Steward Facilities [Tier 4]		
		(You pay the least)	(You pay more)		(You pay the most)		
If you need drugs to treat your illness or condition. More information is available at www.southcoasthealthplan.org	30-day supply— Generic Preferred brand Non-preferred brand	Southcoast Pharmacies \$9 <u>copay</u> /prescription* \$30 <u>copay</u> /prescription \$75 <u>copay</u> /prescription		Retail Network Pharmacies \$12 <u>copay</u> /prescription \$50 <u>copay</u> /prescription \$100 <u>copay</u> /prescription		<u>deductible</u> does not apply. Covers up to 30-day supply (Southcoast or retail); 90-day supply (Southcoast or mail order). *Some generics are available at lower cost at Southcoast Pharmacies. See Note	
	90-day supply— Generic Preferred brand Non-preferred brand	Southcoast Pharmacies \$22.50 <u>copay</u> /prescription* \$75 <u>copay</u> /prescription \$187.50 <u>copay</u> /prescription	Postal Prescription \$30 <u>copay</u> /prescription \$125 <u>copay</u> /prescription \$250 <u>copay</u> /prescription	Retail Network Pharmacies Not covered			
	Specialty drugs— Generic Preferred brand Non-preferred brand	Southcoast Pharmacies \$50 <u>copay</u> /prescription \$100 <u>copay</u> /prescription \$250 <u>copay</u> /prescription	US Bioservices \$275 <u>copay</u> /prescription \$275 <u>copay</u> /prescription \$275 <u>copay</u> /prescription	Retail Network Pharmacies Not covered			
	Facility fee (ambulatory surgery center)	No charge	10% <u>coinsurance</u>	40% <u>coinsurance</u>	Not covered		<u>Preauthorization</u> required or you pay \$250 more
	Physician/surgeon fees	No charge	10% <u>coinsurance</u>	40% <u>coinsurance</u>	Not covered		
	If you need immediate medical attention	<u>Emergency room care</u>	\$150 <u>copay</u> /visit; <u>deductible</u> does not apply				<u>Copay</u> waived if admitted to hospital
<u>Emergency medical transportation</u>		No charge; <u>deductible</u> does not apply				None	
<u>Urgent care</u>		\$20 <u>copay</u> /visit	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	None	
If you have a hospital stay	Facility fee (e.g., hospital room)	No charge	<u>deductible</u> only	40% <u>coinsurance</u>	Physician charges: 40% <u>coinsurance</u>	<u>Preauthorization</u> required or you pay \$250 more	
	Physician/surgeon fees	No charge	<u>deductible</u> only	40% <u>coinsurance</u>	Related charges: Not covered		
Note: Only 2 30-day supplies of maintenance drugs are allowed at any network pharmacy. Subsequent supplies must be filled at Southcoast Pharmacy (prescriptions filled at Health Care Pharmacy at Truesdale and controlled substances are exempt). 90-day supplies of maintenance drugs may be filled at Southcoast Pharmacy (lowest cost), PPS Home Delivery (mail order pharmacy) or any other network pharmacies at 3 times monthly copay.							

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Southcoast Hospitals & Physicians Network [Tier 1]	Preferred Providers [Tier 2]	Non-Preferred Hospitals & Out-Of-Network Hospitals & Providers [Tier 3]	Steward Providers & Non-Covered Steward Facilities [Tier 4]	
		(You pay the least)	(You pay more)		(You pay the most)	
If you need mental health, behavioral health or substance abuse services	Outpatient services— Office Visit Intensive outpatient treatment	\$20 <u>copay</u> /visit; <u>deductible</u> does not apply				<u>Preauthorization</u> required for Intensive outpatient treatment
		No charge; <u>deductible</u> does not apply		Not covered		
	Inpatient services	No charge; <u>deductible</u> does not apply			Not covered	<u>Preauthorization</u> required or you pay \$250 more
If you are pregnant	Office visits	No charge	\$40 <u>copay</u> for initial visit then No charge; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). <u>Preauthorization</u> required for stays over 48 hrs (normal delivery) or 96 hrs (caesarean) or you pay \$250 more
	Childbirth/delivery professional services		<u>deductible</u> only	40% <u>coinsurance</u>	Not covered	
	Childbirth/delivery facility services	No charge	<u>deductible</u> only	40% <u>coinsurance</u>	Not covered	
If you need help recovering or have other special health needs	<u>Home health care</u>	No charge	No charge; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	<u>Preauthorization</u> required after 8 visits
	<u>Rehabilitation services</u> — Inpatient	No charge	<u>deductible</u> only	40% <u>coinsurance</u>	Not covered	60 days/yr. Requires <u>preauthorization</u> for inpatient or you pay \$250 more. 100 visits/yr combined for OT/PT/Speech/TMJ therapies. Requires <u>preauthorization</u> after 8 visits/yr each
	Outpatient	\$20 <u>copay</u> /visit	\$40 <u>copay</u> /visit; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	
	<u>Habilitation services</u> — Early Intervention Developmental Delay	\$20 <u>copay</u> /visit	\$40 <u>copay</u> /visit; deductible does not apply	40% <u>coinsurance</u>	Not covered	Up to age 3 None

Common Medical Event	Services You May Need	What You Will Pay				Limitations, Exceptions, & Other Important Information
		Southcoast Hospitals & Physicians Network [Tier 1]	Preferred Providers [Tier 2]	Non-Preferred Hospitals & Out-Of-Network Hospitals & Providers [Tier 3]	Steward Providers & Non-Covered Steward Facilities [Tier 4]	
		(You pay the least)	(You pay more)		(You pay the most)	
If you need help recovering or have other special health needs (continued)	<u>Skilled nursing care</u>	Not available	<u>deductible</u> only	40% <u>coinsurance</u>	Not covered	100 days/yr. Requires <u>preauthorization</u> or you pay \$250 more
	<u>Durable medical equipment</u>	Not available	20% <u>coinsurance</u> ; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	<u>Preauthorization</u> required for rental over 3 months, TENS units & equipment over \$1,500
	<u>Hospice services</u>	No charge	No charge; <u>deductible</u> does not apply	40% <u>coinsurance</u>	Not covered	<u>Preauthorization</u> required
If your child needs dental or eye care	Children's eye exam	\$35 <u>copay</u> /visit; <u>deductible</u> does not apply				1 exam/yr
	Children's glasses	Not covered				n/a
	Children's dental check-up	Not available	Not available	No charge; <u>deductible</u> does not apply	Not covered	2 exams/yr up to age 12

Excluded Services & Other Covered Services:

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Long term care
- Routine foot care
- Cosmetic surgery
- Non-emergency care when traveling outside U.S.
- Dental care (routine adult over age 12)
- Private duty nursing

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Bariatric surgery
- Infertility treatment (3 cycles/lifetime; 3 more if successful pregnancy)
- Chiropractor
- Routine eye care (adults--1 exam/yr)
- Hearing aids (\$2,000/36 mos/ear to age 21)
- Weight loss programs (when provided by Southcoast Hospital)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is the U.S. Department of Labor, Employee Benefits Security Administration, at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-877-234-5550.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, you can contact the plan at 1-877-234-5550. You may also contact the U.S. Department of Labor, Employee Benefits Security Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform.

Does this plan provide Minimum Essential Coverage? Yes.

If you don't have Minimum Essential Coverage for a month, you'll have to make a payment when you file your tax return unless you qualify for an exemption from the requirement that you have health coverage for that month.

Does this plan meet Minimum Value Standards? Yes.

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-877-234-5550

Portuguese (Português): De assistência em Português, ligue 1-877-234-5550

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-877-234-5550

[-----*To see examples of how this plan might cover costs for a sample medical situation, see the next section.*-----]

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this plan might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the cost sharing amounts (deductibles, copayments and coinsurance) and excluded services under the plan. Use this information to compare the portion of costs you might pay under different health plans. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

- The plan's overall deductible \$0
- Specialist copayment \$20
- Hospital (facility) No charge
- Other No charge

This EXAMPLE event includes services like:

Specialist office visits (*prenatal care*)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
 Diagnostic tests (*ultrasounds and blood work*)
 Specialist visit (*anesthesia*)

Total Example Cost	\$12,700
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In this example, Peg would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$20
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$80

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

- The plan's overall deductible \$0
- Specialist copayment \$20
- Hospital (facility) No charge
- Other coinsurance 20%

This EXAMPLE event includes services like:

Primary care physician office visits (*including disease education*)
 Diagnostic tests (*blood work*)
 Prescription drugs
 Durable medical equipment (*glucose meter*)

Total Example Cost	\$7,400
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In this example, Joe would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$870
Coinsurance	\$350
What isn't covered	
Limits or exclusions	\$60
The total Joe would pay is	\$1,280

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

- The plan's overall deductible \$0
- Specialist copayment \$20
- Hospital (facility) No charge
- Other copayment \$20

This EXAMPLE event includes services like:

Emergency room care (*including medical supplies*)
 Diagnostic test (*x-ray*)
 Durable medical equipment (*crutches*)
 Rehabilitation services (*physical therapy*)

Total Example Cost	\$1,930
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In this example, Mia would pay:

Cost Sharing	
Deductibles	\$0
Copayments	\$290
Coinsurance	\$10
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$300

Language Assistance Services

ATTENTION: If you speak a language other than English, language assistance services, free of charge, are available to you. Call 1-800-532-7575 (TTY: 711).

Español (Spanish) ATENCIÓN: Si usted habla español, servicios de asistencia lingüística, de forma gratuita, están a su disposición. Llame al 1-800-532-7575 (TTY: 711).

Português (Portuguese) ATENÇÃO: Se você fala português, encontram-se disponíveis serviços linguísticos gratuitos. Ligue para 1-800-532-7575 (TTY: 711).

Kreyòl Ayisyen (French Creole) ATANSYON: Si nou palé Kreyòl Ayisyen, gen asistans pou sèvis ki disponib nan lang nou pou gratis. Rele 1-800-532-7575 (TTY: 711).

繁體中文 (Traditional Chinese) 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-532-7575 (TTY: 711)。

Tiếng Việt (Vietnamese) CHÚ Ý: Nếu quý vị nói Tiếng Việt, dịch vụ thông dịch của chúng tôi sẵn sàng phục vụ quý vị miễn phí. Gọi số 1-800-532-7575 (TTY: 711).

Русский (Russian) ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-532-7575 (телетайп: 711).

العربية (Arabic)

إنتباه: إذا أنت تتكلم اللغة العربية، خدمات المساعدة اللغوية متوفرة لك مجاناً. إتصل على 1 800-532-7575 (TTY: 711)

ខ្មែរ (Cambodian) ប្រសិនបើអ្នកនិយាយភាសាខ្មែរ, យើងមានសេវាកម្មបកប្រែ ជូនលោកអ្នកដោយឥតគិតថ្លៃ។ ជូរ ទូរស័ព្ទ 1-800-532-7575 (TTY: 711)។

Français (French) ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-532-7575 (ATS: 711).

Italiano (Italian) ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-532-7575 (TTY: 711).

한국어 (Korean) '알림': 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-532-7575 (TTY: 711) 번으로 전화해 주십시오.

ελληνικά (Greek) ΠΡΟΣΟΧΗ: Αν μιλάτε ελληνικά, υπάρχουν στη διάθεσή σας δωρεάν υπηρεσίες γλωσσικής υποστήριξης. Καλέστε 1-800-532-7575 (TTY: 711).

Polski (Polish) UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-532-7575 (TTY: 711).

हिंदी (Hindi) ध्यान दीजिए: अगर आप हिंदी बोलते हैं तो आपके लिये भाषाकी सहायता मुफ्त में उपलब्ध है. जानकारी के लिये फोन करे. 1-800-532-7575 (TTY: 711)

ગુજરાતી (Gujarati) ધ્યાન આપો : જો તમે ગુજરાતી બોલતા હો તો આપને માટે ભાષાકીય સહાય તદ્દન મફત ઉપલબ્ધ છે. વિશેષ માહિતી માટે ફોન કરો. 1-800-532-7575 (TTY: 711)

Notice about Nondiscrimination and Accessibility

Your employer complies with applicable federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Your employer does not exclude people or treat them differently because of race, color, national origin, age, disability or sex.

Your employer:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as qualified sign language interpreters and written information in other formats (large print, audio, other formats)
- Provides free language services to people whose primary language is not English, such as qualified interpreters.

If you need these services, contact your employer's Civil Rights Compliance Officer or call 800-532-7575.

If you believe that your employer has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability or sex, you can file a grievance. For contact information for your employer's Grievance Coordinator, please go to <https://www.healthplansinc.com/>, click on [Log in to My Plan](#), then click on the link to Important Non-Discrimination Information. If you have no internet access, you may call 800-532-7575 for help. You can file a grievance with your employer in person or by mail, fax or email. If you need help filing a grievance, the Grievance Coordinator is available to help you. You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services
200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201
(800) 368-1019, (800) 537-7697 (TTY)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.